

COLLABORATIVE WORKING – GETTING THERE TOGETHER

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This workshop focuses on collaborative working between the voice specialist SLT and the singing rehabilitation teacher in dealing with voice problems. The rehabilitation of performers recovering from surgery or muscle tension dysphonia most often starts with the speech and language therapist. After so many sessions the specialist voice or singing coach may take over. Where is the common ground? How does one move the speech exercises into singing?

The workshop will be predominantly practical in nature drawing on the principles of the Accent Method of voice therapy. Some attention, however, will be paid to the theoretical background of the Accent Method.

Sara Harris will demonstrate how these principles can be used to re-set laryngeal tension and position and re-balance the relationship between breath and voice. She will also address how they can be applied into the speaking voice.

Linda Hutchison will show how the Accent Method principles can be adapted into singing exercises, re-setting and re-balancing the relationship between the air pressure and airflow.

The value of their working in tandem will be discussed and how the SLT and singing teacher can together troubleshoot problems that arise for the performer as they work to return to their professional life.